



Seren Natural Fertility  
Award winning  
Reproflexology™ (FHT 2017)  
Reproductive Reflexology Training  
Best selling book  
'Reflexology for Fertility'

If you are a Reflexologist who has a passion for helping couples try to conceive and would like to transform your practice... Reproflexology Training is the course for you.

**Part 1 – Pre-conceptual Care (male and female)**

**Part 2 – All forms of Assisted Conception**

**BOOKINGS NOW BEING TAKEN FOR 2018**

**Adelaide**

Tuesday 23<sup>rd</sup> – Friday 26th October

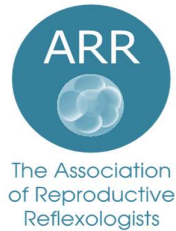
**Perth**

Saturday 13<sup>th</sup> & Sunday 14<sup>th</sup> October



For more information visit  
[www.serennaturalfertility.co.uk](http://www.serennaturalfertility.co.uk)  
or contact Laura Reece –  
[laura.serentraining@gmail.com](mailto:laura.serentraining@gmail.com)





I am absolutely delighted to have been asked to bring Reproflexology™ training to Australia and thought you might like to know a little more of what it is and how it works before making a decision as to whether to join us.

Reproflexology™ is a form of integrative medicine designed to support both men and women with reproductive conditions and/or fertility issues. Globally, there are now an estimated 1 in 6 couples who experience difficulties of some kind when trying to get pregnant, and sadly, this is getting worse rather than better. Male fertility, in particular has declined by a massive 50% over a 25 year period, and this decline in male fertility health is continuing.

I started teaching this course in 2007 after developing a range of evidenced based protocols designed to support every stage of the fertility journey for both men and women. I have been fortunate to work with many hundreds of clients who have allowed me to share their journeys and develop my skills. In 2011, I formed the Association of Reproductive Reflexologists, which allowed us to do a number of things:

1. Continue to keep our skills up-to-date via organized lectures.
2. Carry out a data collection to see how effective our work was.
3. Develop collaborations with the medical professionals involved in client care.
4. Support our practitioners when they meet complex cases.
5. Promote our fully trained practitioners as the gold standard of Reproductive Reflexologists.

I am extremely pleased to say that we have achieved all of these things. We regularly have speakers from the medical professions at our lecture days, including Fertility Nurses, Professors of Reproductive Medicine, Andrologists and Embryologists. We attend the Fertility Shows in Manchester and London to promote our practitioners and network with other professionals.

Our data, among many other things, showed a 68% success rate across the board and a doubling of the success rates with IVF.

The course covers all that you need to know to help you to develop an integrative practice and to support male and female clients both pre-conceptually and through all forms of assisted conception.

Including:

## Part 1 The Pre-Conceptual Care Program

Introduction to Reproflexology©  
Information gathering – client questionnaire  
Understanding the menstrual cycle  
Lifecycle of a sperm cell  
Ovulation – timing and anomalies  
What affects our fertility – causes and diseases  
Diagnostic tools – orthodox and complementary  
Diet and Nutrition and its role  
Endocrine and reproductive balancing  
Chakra balancing  
Tools and Techniques

## Part 2 The Assisted Conception Program

Diagnostic Testing  
Emotional Aspects to Consider  
Clomid  
Intrauterine Insemination  
In Vitro Fertilisation  
Intracytoplasmic Sperm Injection  
Reflexology and its Role  
When to Treat and when NOT to Treat  
Schedule of Treatments  
Tools and Techniques

In 2016 my book 'Reflexology for Fertility' was published by Watkins Books and amazingly has reached No 1 on the Amazon Best Seller list twice during this time.

In 2017, my work in the field of Reproductive Reflexology was recognised by the Federation of Holistic Therapists in the UK and I was presented with The Complementary Therapist of Year Award.

If you do have any questions or would like to book a place on our courses in Perth (Part 1 ONLY) 13<sup>th</sup>/14<sup>th</sup> October and Adelaide (Full Course) 23<sup>rd</sup>-26<sup>th</sup> October please visit:

[www.serennaturalfertility.co.uk](http://www.serennaturalfertility.co.uk) or [www.reproductivereflexologists.org](http://www.reproductivereflexologists.org)

or Email [laura.serentraining@gmail.com](mailto:laura.serentraining@gmail.com)

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With very best wishes    Barbara Scott